

Times to intervene:

- If your grandchild's parents are alcoholic (or abusing drugs) and your grandchild is suffering
 - “Grandma, I was hiding under the table yesterday.”
 - “You were, why?”
 - “Because Mommy and Daddy were fighting and Mommy threw a glass and it smashed on the wall.”
 - “Were you scared?”
 - “Yes, I was very scared.”
 - “Were they drinking?”
 - “Yes, I'm always scared when they start drinking.”
- If your grandchild is being physically abused
 - “Mom punched me in the face... again.”
- Sexual abuse
 - “Uncle George put his hand in my underwear.”
- If your grandchild is being emotionally abused
 - “When dad gets mad, he yells at me for a long time. He calls me names and says I'm bad and stupid.”
- Spiritual Abuse
 - “My dad says that if I'm not good, god will punish me and I will go to hell and burn forever.”
 - “What is being good?”
 - “Just do everything he wants me to do and especially think the way he wants me to think. I have my own thoughts, but he gets *really* mad if I tell him what I think and he doesn't agree.”

The first examples of alcoholism, physical and sexual abuse are clear. Something must be done to save the children. Emotional abuse is sometimes a more difficult call, and the emotional and spiritual abuse done in the name of religion is tough.

Do your best. Get help. Talk to friends, and use the resources in this book to assist you.

Please Read “Section for Mothers”

If you are raising your granddaughter, I hope you have help or will get help soon. There is good information in the section for mothers. Read it as you are filling in for her mother.

It's up to us Grandmas!

We must use our time, energy and wisdom to heal ourselves and our granddaughters. If each of us does our small part, we can change the consciousness of this world and the world of the future for the better. Grandmas Unite!

Grandmothers and granddaughters have a special bond that makes life sweet. Enjoy!