



CHAPTER 30

A MESSAGE ABOUT SEXUAL ORIENTATION

Do you know a lesbian or someone who thinks she may be a Lesbian? Studies show that three percent of the population is born gay. That means that one out of every one hundred women is a lesbian. Which means that you probably already know someone who is a lesbian, but may not be aware of that fact. (You know, you can't tell about a person's personal life unless he/she chooses to let you know.)

She could be anyone, even someone in your own family. She could be a grocery clerk, librarian, doctor, lawyer, waiter, teacher, artist – even a minister or priest – anyone. She may be in a relationship or single. She may be married. She may have children.

It is important to know that homosexuals (women and men) are more similar to heterosexuals than they are different. Both homosexuals and heterosexuals can have long term, loving relationships or families, be creative, loving, and – just like all of us, have hurt and emotional pain in their lives.

As Ms. Holly says in "Who Am I", "We are all here to learn about love and there are many ways to do that. In the eyes of the goddess, everyone is the same – cherished, loved, and definitely not judged."

Scientists are interested in finding out more about homosexuality. In the past, people thought homosexuality was a choice. For most people it is not. Scientists are looking at genes, brain structure and hormones, and physiological differences are explaining why some people are heterosexual and some are homosexual. In other words, people are born homosexual – just like some people are born with blue eyes and some are born with brown eyes. Some few people are born with green eyes and they are beautiful. Gay people are beautiful, also.

Some people have thought that homosexuality was a sin and that god would punish you if you physically loved someone of the same sex. This is a ridiculous notion. God made everyone unique and different. It is only logical to surmise that God loves differences. God made you and loves you for your special and unique qualities.

Perhaps you have feelings toward other girls or women. If so, it is important to explore your feelings in safety. There are many places to receive help if you are confused or worried about yourself. Do some research and inform yourself about homosexuality. There are many good books and much information on the web about homosexuality for young women. To start, try going to www.borndifferent.org.

Celebrate Who You Are!

You are a beautiful human being and a daughter of the Goddess. You deserve all good things. Plan a celebration to celebrate who you are. Rejoice in your uniqueness and your specialness. Enjoy your fabulous female body. Celebrate your sexual feelings. If you know that you are attracted to other women, honor that fact. Find some like-minded people, male or female, and celebrate with them. Wouldn't it be wonderful if your parents would celebrate you just the way you are? Maybe they will!