

At Last! A Book of Wisdom That Will Help Your Daughters Grow Into Self-Assured Healthy Women Who Love Themselves

Read this Book Yourself and With Your Daughter!

“Passages into Womanhood is a blueprint for welcoming girls into their womanhood with maximum access to their inner wisdom.”

~ Christiane Northrup, MD, Author of *Mother-Daughter Wisdom*, *The Wisdom of Menopause*, and *Women’s Bodies, Women’s Wisdom*

“This lovely book masterfully bridges the gap between biology, spirituality and psychology. Pam Chubbuck is a renaissance woman who has crafted a wonderful book that I wish was available to my mother and me when I was an adolescent.”

~ Michele A. Manting, MD, Director of Undergraduate Medical Education, Department of Obstetrics and Gynecology, Medical College of Georgia; Mind/Body Medicine Specialist and Director, Holistic and Integrative Health Associates, Augusta, GA

“Passages into Womanhood is a powerful book, written by a wise woman sharing her knowledge and presenting a new positive paradigm for girls coming into their womanhood.”

~ Joan Morais, author of *A Time to Celebrate: A Celebration of a Girl’s First Menstrual Period*

*“Passages into Womanhood: Empowering Girls to Love Themselves is written from Pam Chubbuck’s deep well of knowledge. Pam provides a fresh approach, timely and vital information – just what Mentors need to help girls and themselves. The stories will continue to teach long after they are read. At a time when some girls are engaging in dangerous sexual encounters that erode their self esteem, Pam offers us hope and solutions. *Passages into Womanhood* is rich with Pam’s three plus decades as a body psychotherapist and healer.”*

~ Flying Eagle Press



Pam Chubbuck, Ph.D., is a world renowned, highly respected body psychotherapist, former professor of Women’s Studies, and midwife, with over 30 years of experience mentoring girls and women. Pam is an international trainer of Core Energetics Therapists.



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